

# OneEighty

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Residential Peer Recovery Manager



**Who am I**

**Person in Recovery**

**Grandma – GiGi**

**Mom – 3 girls, 1 set of twins**

**Dog Mom – Chorkie & Chiweenie**

**Wife**

**Peer Supporter**



OneEighty



OneEighty

Helping people change direction.

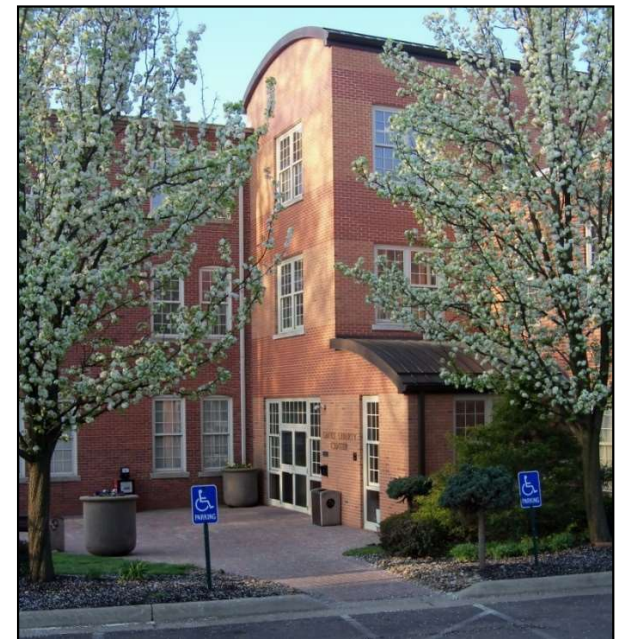
It's what we do...



## Primary Services

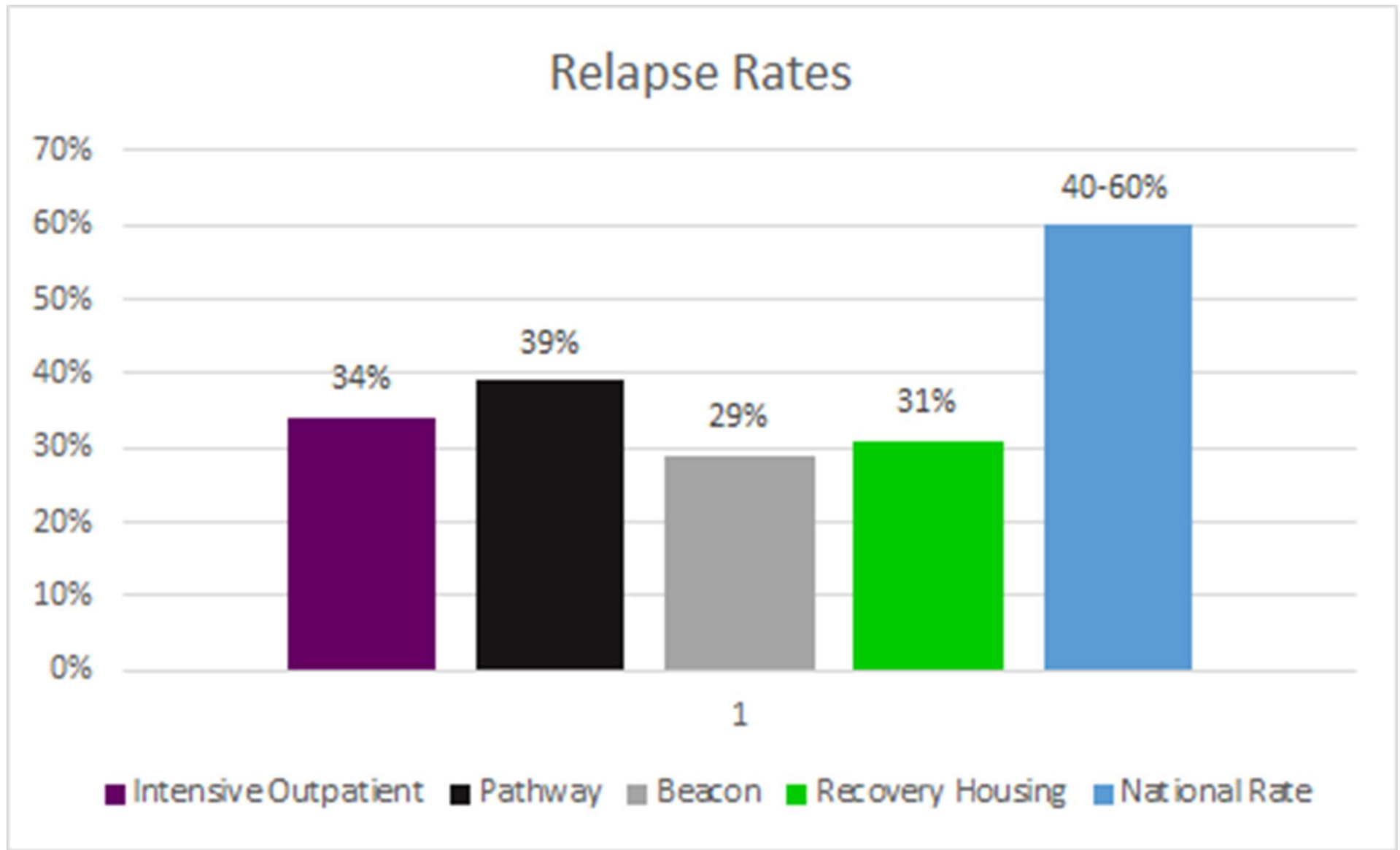
- Domestic Violence & Rape Crisis Center
- Substance Abuse & Addiction Services
- Community Relations & Prevention
- Housing & Supportive Services
- Mental Health Services
- Recovery Housing

Mission:  
Helping people change direction.



Gault Liberty Center

# Relapse Rates



# PEER RECOVERY

## 8 years in Prevention as an Ohio Certified Prevention Consultant

- Learning how to keep my recovery separate from my career
- Learning how to keep recovery boundaries
- Learning how to work professionally

## 1 Year as a Peer Supporter

- Learning how to incorporate my Recovery into my career
- Learning how to keep recovery boundaries while still sharing my Recovery
- Learning how to help others professionally – other Peer Supporters

## PEER RECOVERY

- Our program provides clients with Peer support to help clients engage in treatment and a recovery lifestyle. All Peers are Ohio Certified Peer Recovery Support.



- Core Competencies, Principles and Values Core Competencies for peer workers reflect certain foundational principles identified by members of the mental health consumer and substance use disorder recovery communities.



# PEER RECOVERY

- **RECOVERY-ORIENTED:** Peer workers hold out hope to those they serve, partnering with them to envision and achieve a meaningful and purposeful life. Peer workers help those they serve identify and build on strengths and empower them to choose for themselves, recognizing that there are multiple pathways to recovery.
- **PERSON-CENTERED:** Peer recovery support services are always directed by the person participating in services. Peer recovery support is personalized to align with the specific hopes, goals, and preferences of the individual served and to respond to specific needs the individuals has identified to the peer worker.
- **VOLUNTARY:** Peer workers are partners or consultants to those they serve. They do not dictate the types of services provided or the elements of recovery plans that will guide their work with peers. Participation in peer recovery support services is always contingent on peer choice.

# PEER RECOVERY

- RELATIONSHIP-FOCUSED: The relationship between the peer worker and the peer is the foundation on which peer recovery support services and support are provided. The relationship between the peer worker and peer is respectful, trusting, empathetic, collaborative, and mutual.
- TRAUMA-INFORMED: Peer recovery support utilizes a strengths-based framework that emphasizes physical, psychological, and emotional safety and creates opportunities for survivors to rebuild a sense of control and empowerment.

Great, I'm Ready  
Time for Boots on the Ground



# Transitional Recovery Housing



Joan Van Orman Beacon House for Men

Hoping for Level 2 at our  
next recertification

Currently Level 1



Judy's Place for Women



# *Recovery Houses*



**Brian's House**



**Miss Peg's House**



**Millersburg House**



**Serenity House**



**Stephen's House**



# *Recovery Houses*



OneEighty

# Guidelines



## **RECOVERY HOUSING SERVICES AND PROGRAM GUIDELINES**

Recovery Housing (the “Premises”) is an alcohol and drug-free living environment with Peer Support for recovering individuals. The property is owned by Community Crossroads, Inc., and is made available to qualifying clients. A monthly fee is charged for this program and should be paid to “Community Crossroads” at 104 Spink Street, Wooster, Ohio 44691. The Recovery Housing Team at OneEighty/Community Crossroads provides supportive services to the residents. Services are designed to provide individuals with the opportunity to develop skills for self-sufficiency and relapse prevention.

The following contract explains the services provided by OneEighty/Community Crossroads and outlines the responsibilities of all parties involved.

# Guidelines

## 48 Guidelines

We have Compliance Reports to help residence recognize when they are not following the guidelines and Behavior Contracts when that is not enough. Asking Peer Supporters to issue Compliance Reports to their Peers does not feel like it would be honoring the Core Competencies.

## My Job as a Supervisor

- Protect my Supervisees
- Assist in Certification Compliance
- Support the Peer Supporters and the Peers in our Recovery Housing Program

I will be responsible for all Compliance Reports and Behavior Contracts. I do not work with any Peers in Recovery Housing so this should work.



## Then Reality Set In

- Women
  - 12 Transitional Beds
  - 11 Recovery Housing Beds
- Men
  - 10 Transitional Beds
  - 18 Recovery Housing Beds

# ○ What Kind of Compliance Report

- Procedural
  - Things that are very clearly spelled out in the Guidelines
    - We focus on holding people accountable not punishing
    - Recovery Housing Peer Support staff administer



Area of assessment	Pass	Fail	Area of assessment	Pass	Fail
Cleanliness of common areas			Cleanliness of bedroom		
All medications locked up			Dishes clean		
Trash confined to waste bin			No food waste present		
Smoking in designated areas			Lawn mowed/trimmed		
Trash picked up in yard			Lawn equipment maintenance		
Open fires			House/equipment maintenance		

Area of assessment	Pass	Fail	Area of assessment	Pass	Fail
Phone working			Prompt response to texts/messages		
House meeting attendance			Peer Support attendance		
Availability for drug testing			Attendance at recovery meetings		
Overnight guests			Supervision of guests		
Following program recommendations			Notification of off-site/overnight stays		

# ○ What Kind of Compliance Report

- Behavioral
  - Things that are in the Guidelines but maybe carry a little more weight
    - Things that are documented a little more specifically to fall under our Progressive Discipline Policy
    - The Clinical Director or I administer



Area of assessment	Pass	Fail	Area of assessment	Pass	Fail
No past-due fees owed			Security Deposit paid in full		
Current rent paid on time					
Following Payment Plan					

Area of assessment	Pass	Fail	Area of assessment	Pass	Fail
Disrespect to Staff/Peers			Prompt response to texts/messages		
Repeatedly not attending House meeting			Peer Support attendance		
Repeated unavailability for drug testing			Attendance at recovery meetings		
Substance use outside house			Substance use inside house		
Follow Behavior Contract			Notification of off-site/overnight stays		
Repeated noncompliance with program recommendations					

# ○ How can we decrease the number of Compliance Reports

- Positive Reinforcement and affirmations
- Actively looking for Contingency Management opportunities
- Motivational Interviewing

## What's next?

- Our program and approach to compliance is changing and evolving still, but I know we cannot be the only program struggling with this issue.
- We hope by sharing our experience we can encourage others to share their experience and solutions.

# Thank You

- To all of you for your attention and participation
- To ORH for the conference and the opportunity to be of service





Questions?

Input?

Suggestions?