

Getting Ready for ORH Certification

Part 1



Ohio Recovery Housing

1

Objectives

Basic Eligibility

Levels of Support

Social Model of Recovery

Getting Ready to Apply

2

Social Model of Recovery

Physical environment supports resident interaction

Defined strategies for residents to support one another in recovery

Resident leadership is developed

Defined strategy for peer support

Residents have a voice in governing the home

3



4

More information is available

Ohiorecoveryhousing.org

“Certification Process”

“Training”

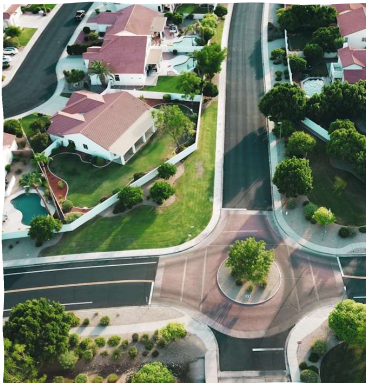
“Resource Documents”




5

Eligibility for Certification

Certification for Recovery Housing Residences



6



Recovery Housing is

- **"Recovery housing Residence"** means housing for individuals recovering from alcohol use disorder or drug addiction that provides an alcohol-free and drug-free living environment, peer support, assistance with obtaining alcohol and drug addiction services, and other alcoholism and drug addiction recovery assistance.
- - *Ohio Revised Code, Chapter 5119.01(A)(17)*

7



Recovery Housing is Housing

- Resident Driven Length of Stay
- Free Choice in Treatment
- Operate as a Landlord
- Homelike environment

8

Resident Driven Length of Stay

- No arbitrary time limits or forcing residents to leave once treatment is complete
- “The recovery housing residence shall not limit a resident's duration of stay to an arbitrary or fixed amount of time. Instead, each resident's duration of stay shall be determined by the resident's needs, progress, and willingness to abide by the residence's protocols, in collaboration with the residence's operator, and, if appropriate, in consultation and integration with a community addiction services provider.” – ORC 340.034(E)
- If scholarships/subsidies/free rent is offered for a time period, operator works with resident to help them pay after that time period is over

9

Free Choice of Provider

- Resident must be able to choose providers
- Resident does not automatically move out if they stop going to treatment or treatment ends

10

Operate as a landlord

11



Homelike environment




- Recovery homes are not treatment centers.
- NARR standards regarding homelike environment
- Residents can receive any services that can be typically delivered in a person's private home

12



13

Recovery Housing is Recovery Housing

-  Illicit Drug, Recreational Cannabis and Alcohol-Free Living Environment
-  Strategies for peer support, recovery planning
-  Connection to Services in the community

14



15



16

What are the Levels?



NARR Defines Four different levels of support




Based off of your target population and how much support they need



You can also take the [“What Level are We” Quiz](#) on our site

17

 National Association of Recovery Residences		RECOVERY RESIDENCE LEVELS OF SUPPORT			
		LEVEL I Peer-Run	LEVEL II Monitored	LEVEL III Supervised	LEVEL IV Service Provider
STANDARDS CRITERIA	ADMINISTRATION	<ul style="list-style-type: none"> Democratically run Manual or P&P 	<ul style="list-style-type: none"> House manager or senior resident Policy and Procedures 	<ul style="list-style-type: none"> Organizational hierarchy Administrative oversight for service providers Policy and Procedures Licensing varies from state to state 	<ul style="list-style-type: none"> Overseen organizational hierarchy Clinical and administrative supervision Policy and Procedures Licensing varies from state to state
	SERVICES	<ul style="list-style-type: none"> Drug Screening House meetings Self help meetings encouraged 	<ul style="list-style-type: none"> House rules provide structure Peer run groups Drug Screening House meetings Involvement in self help and/or treatment services 	<ul style="list-style-type: none"> Life skill development emphasis Clinical services utilized in outside community Service hours provided in house 	<ul style="list-style-type: none"> Clinical services and programming are provided in house Life skill development
	RESIDENCE	<ul style="list-style-type: none"> Generally single family residences 	<ul style="list-style-type: none"> Primarily single family residences Possibly apartments or other dwelling types 	<ul style="list-style-type: none"> Varies – all types of residential settings 	<ul style="list-style-type: none"> All types – often a step down phase within care continuum of a treatment center May be a more institutional in environment
	STAFF	<ul style="list-style-type: none"> No paid positions within the residence Perhaps an overseeing officer 	<ul style="list-style-type: none"> At least 1 compensated position 	<ul style="list-style-type: none"> Facility manager Certified staff or case managers 	<ul style="list-style-type: none"> Credentialed staff

Level 1,2,3 = recovery housing
Level 4 = residential treatment

18

Eligibility- Types of Certification

Full Certification - Home must be in operation as a recovery home with 60% occupancy for at least 60 days prior to the interview and dwelling review

Preliminary Certification – For homes with less than 60% occupancy for 60 days

Home Must Established and ready for residents to move in.

ORH can help you look at policies, procedures, etc. in advance, but we can not provide certification until the property is ready

19

What are the quality standards?

Administrative Operational

- Operate with Integrity
- Uphold Resident Rights
- Create a culture of empowerment
- Develop staff ability to apply Social Model

Recovery Support

- Facilitate active recovery and community engagement
- Model prosocial behaviors
- Cultivate a sense of belonging and responsibility

Property and Architecture

- Provide a homelike environment
- Promote health and safety

Good Neighbor





- Responsive to neighbors
- Courtesy Rules

20



21

What needs to be in my policies?

-  You can download the measures on the site
-  You can also see templates in RHOADS as you fill out the application
-  You can submit your policies to ORH in advance, we will review them for FREE
-  [Templates in Recovery Housing Development Guidebook](#)

22

Things are different!

- Even if you were certified previously, measures were updated in January.
- You may need to make changes to stay certified

23

Determine your Level



USE THE QUIZ



CALL ORH



READ THE INFORMATION
IN RHOADS CAREFULLY


24

If you choose the wrong level, your application may be delayed




25

Get your paperwork in order



READ AND SIGN ASSURANCES



READ AND SIGN APPLICANT AGREEMENT

26

Assurances

- States that you understand all laws, regulations, etc. Including
 - Landlord Tenant
 - Fair Housing
 - Anti-Kickback
 - Medicaid Fraud and Abuse Laws
 - Local Building Codes
 - Zoning Regulations
 - Individual Grant Requirements
 - Charitable Law
 - Employment/ Tax Laws
 - HIPPA/ 42 CFR Part 2



27

Agreement

- Code of Ethics
- Respond to Communications from ORH
- False Information
- ORH may share information about certification status with OMHAS, county boards or other funders
- Inform ORH of changes to population and level
- All properties must be certified or have an approved plan to become certified
- Separation from Treatment Services
- ORH may visit the property with permission of residents at anytime
- Notification to ORH of any outside investigations/ findings



28

Others

- Insurance
- Resident Evaluation
- Resident Agreement
- Resident rights/Grievance
- Medication
- Emergency
- Staff Documents
- Cameras
- Code of Conduct
- Recurrence of Use
- Screening for Substances
- Privacy
- Incident Report
- Paid Work Agreements
- Visitor
- Neighbor

29

Insurance

- Certificate of Insurance
- Property Address
- Organization



30

Resident Evaluation/ Application

- How you decide if residents are able to move into the home
- Largest concern: Amount of time in recovery
 - Level III – must be able to live in a homelike environment
 - Level II – 28 days in recovery OR at least 7 days in recovery with constant supervision for first four weeks
 - Level I – at least 6 months in recovery and appropriate recovery capital

31

Resident Agreement

- Major Concerns
 - Clear financial terms – all costs included
 - NO requests to waive rights
 - No requirements to receive specific services from a specific provider to get housing
 - No arbitrary time limits



32

Resident Rights and Grievance Policies

- Includes basic rights
- Grievance policy includes ORH information
- Grievance policy includes name and contact information for a person at your organization to file a grievance

33

Medication Policy

- Major Points
 - Residents handle their own medication
 - Level III – staff observe residents managing their own medication
 - Level II – strategies are used to monitor residents managing their own medication
 - Level I – residents are responsible for own medication, but must be stored out of site
 - Must state what would happen if medication were to go missing

34



Emergency Policy

- What happens in specific emergencies
 - Fire
 - Flood
 - Water or Power Outage
 - Property is inhabitable
- Name and Contact information for someone to contact

35

Code of Conduct

- Curfew
- Attending House meetings
- No use of illicit drugs, recreational cannabis or alcohol
- Residents do not possess firearms on property
- Engagement in recovery planning

- How violations of Code of Conduct are addressed
- Immediate termination of residency only for immediate risk of health and safety



36

Screening for Substances

When screenings are performed

- Minimum upon moving in
- Upon Suspicion
- Level III required to have random screenings

What happens if a screen reveals substance use

How screens are paid for


37

Privacy

- Keep Resident Information Private
- Get appropriate releases of information
- Let residents know who you will be sharing information with and why
- What can be posted on social media



38



Staff/ Leadership code of Conduct

- Staff should not lend or borrow money from residents
- Staff should not have inappropriate relationships with residents
- Prohibits harassment, threats, and similar behavior
- Staff don't get involved in financial relationships

39

Recurrence of use

**Addressed
Immediately and
appropriately**

**Requires residents be
provided with
information on
additional services
and supports**

40

Incident Reporting

- Incidents must be recorded
 - Overdose, sexual or physical harassment, serious resident injury or death, visitor serious injury on the property, anytime emergency response called to the property
- Record what happened and how you responded



41

Visitor

- When visitors can be at the house
- How residents will be notified of visitors
- Where in the house visitors may be
- Visitors are expected to be with the resident that they are visiting
- Visitors are not permitted to be under the influence or possess drugs or alcohol



42



Neighbor Concerns

- Process to respond if someone has a concern
- Must include the name and number of a person to go to

43

Staff - All



checks safety equipment/ safety hazards



can go to with questions/problems



orients new residents



Responds to neighbors



Reviews grievances and incidents

44

Staff – Level II

Checks in with residents daily/ refers residents who need more support to additional help

Someone present in the home four days a week to ensure that property is free from hazards – this person spends enough time at the home to ensure that the property and residents are safe

Responds when resident is not upholding the code of conduct

Meets with residents at least weekly on recovery plans

makes sure house meetings happen

45

Staff Level III

- Paid staff are present when residents are present
- Observe as residents manage their own medications

46

Cameras

- IF you have cameras
 - Only allowed in non-private areas
 - Footage can only be viewed by authorized staff if there is an incident
 - Cameras are not used in place of staff monitoring
 - How long camera footage will be stored

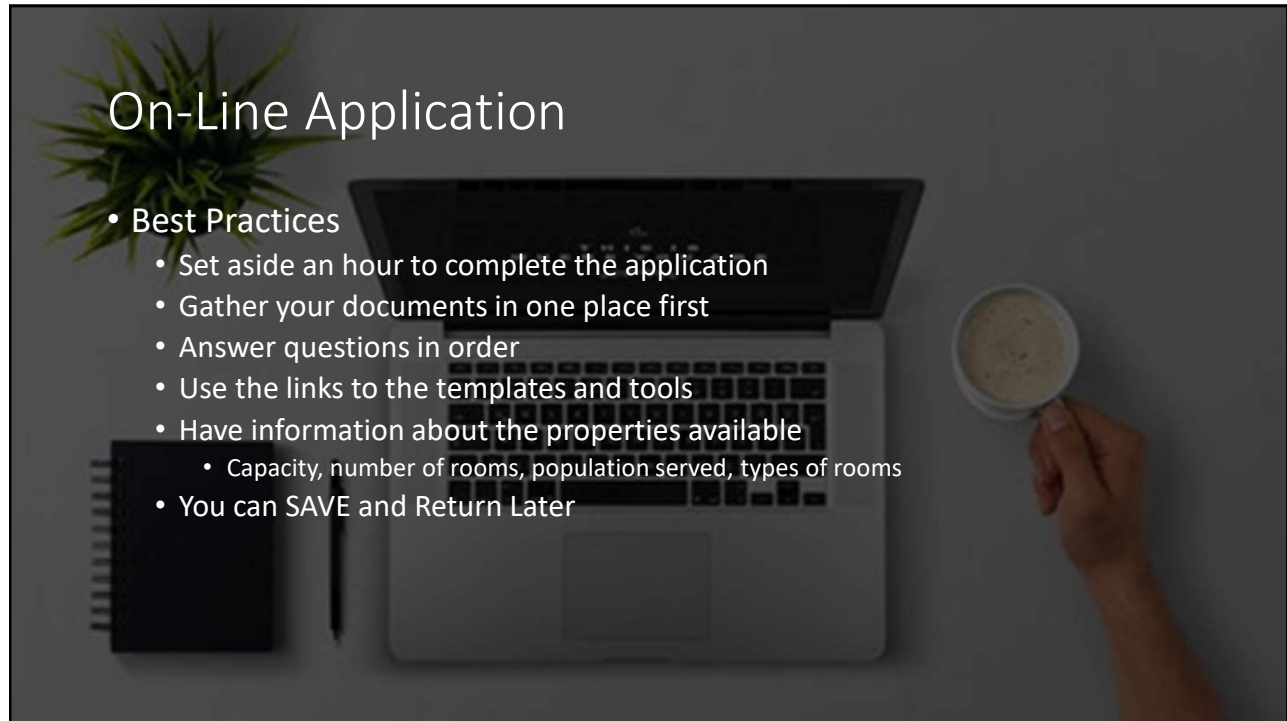


47

Paid Work agreements

- If you have residents do work for you, either as an employee, for free for reduced rent
 - Entered into voluntarily
 - Paid fairly – in compliance with employment laws
 - Not interfere with recovery goals

48



On-Line Application

- Best Practices
 - Set aside an hour to complete the application
 - Gather your documents in one place first
 - Answer questions in order
 - Use the links to the templates and tools
 - Have information about the properties available
 - Capacity, number of rooms, population served, types of rooms
 - You can SAVE and Return Later

49



Questions?

- Certification@ohiorecoveryhousing.org
- 614-453-5133

50