

Years in the Making

CELEBRATING 10 YEARS OF OHIO RECOVERY HOUSING

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CEO, Mighty Crow



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Learning Objectives

- Participants will understand the evolution of recovery housing in Ohio and the impact of this recovery support for persons with substance use disorders and persons with co-occurring disorders.
- Participants will understand how quality standards uphold the dignity and worth of persons in recovery housing.
- ...and we will CELEBRATE 10 years of Ohio Recovery Housing!

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I'm the Luckiest Person in the Room.

- My organization has partnered with ORH since 2014. We've been honored to witness the vision of ORH and its Board of Directors for 10 years.
 - Our work has included:
 - The development of the ORH website
 - The creation of the Housing Locator
 - The development of the Levels Algorithm
 - The development and maintenance of the ORH Outcomes Tool and Data Dashboard (both versions)
 - The collection of RH research that you can find on the site
 - RHOADS Architecture
 - Data Science Modeling
 - Reports
 - Strategic and Sustainability Planning

Thank you for closing the conference with me today!



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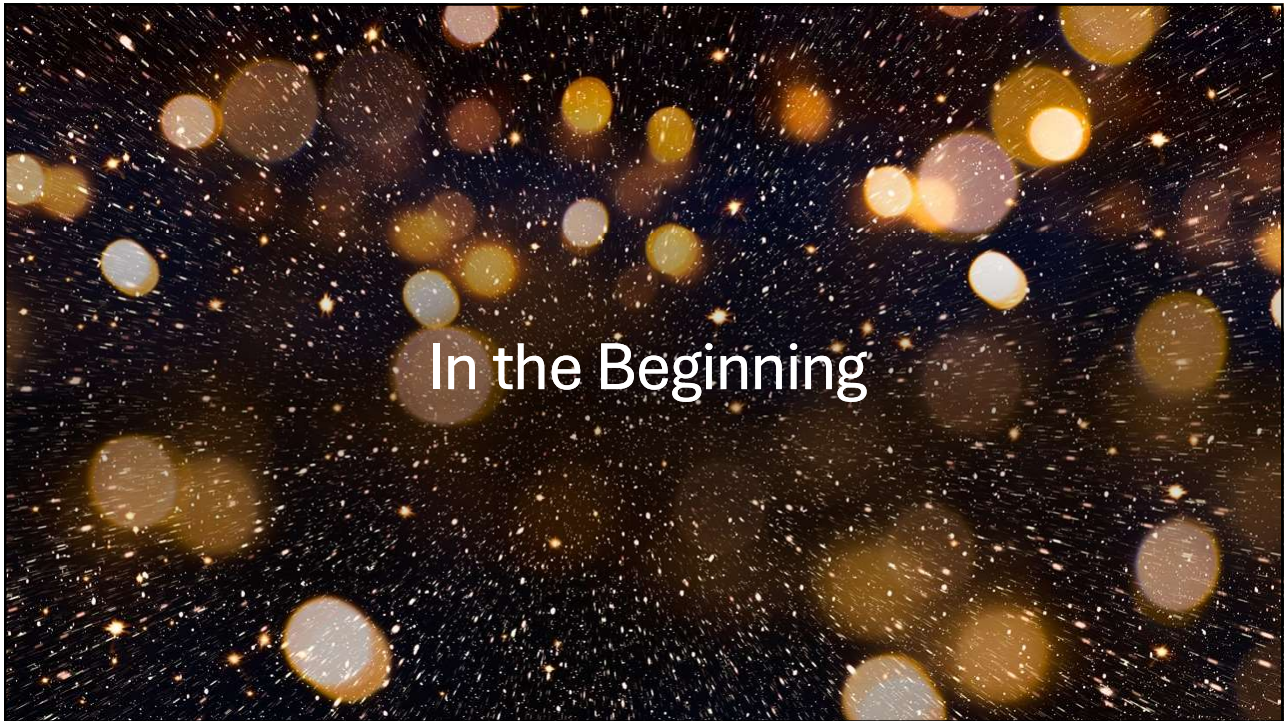
10 YEARS!

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Welcome to the Party!

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In the Beginning

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10 Years of a Dream

- Recovery Housing, Sober Living, etc. is essential to sustaining recovery.
 - Operators were providing recovery housing.
 - Some of us knew one another...but most of us did not.
 - The formation of Ohio Recovery Housing brought us together and allowed us to dream big about what recovery housing could be in Ohio.
 - At the center of the formation was a focus on quality and best practices.

We thank **Lori Criss**, MSW, LSW for her leadership and the launch of ORH in 2014. We honor the original formation Board of Directors for their vision and commitment! We thank our current Board of Directors for their leadership.



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Nothing of significance was ever achieved by an individual acting alone. Look below the surface and you will find that all seemingly solo acts are really team efforts.

John C. Maxwell

- Thank you to The Ohio Department of Mental Health and Addiction Services and The Ohio Council of Behavioral Health and Family Service Providers for 10 years of their support.

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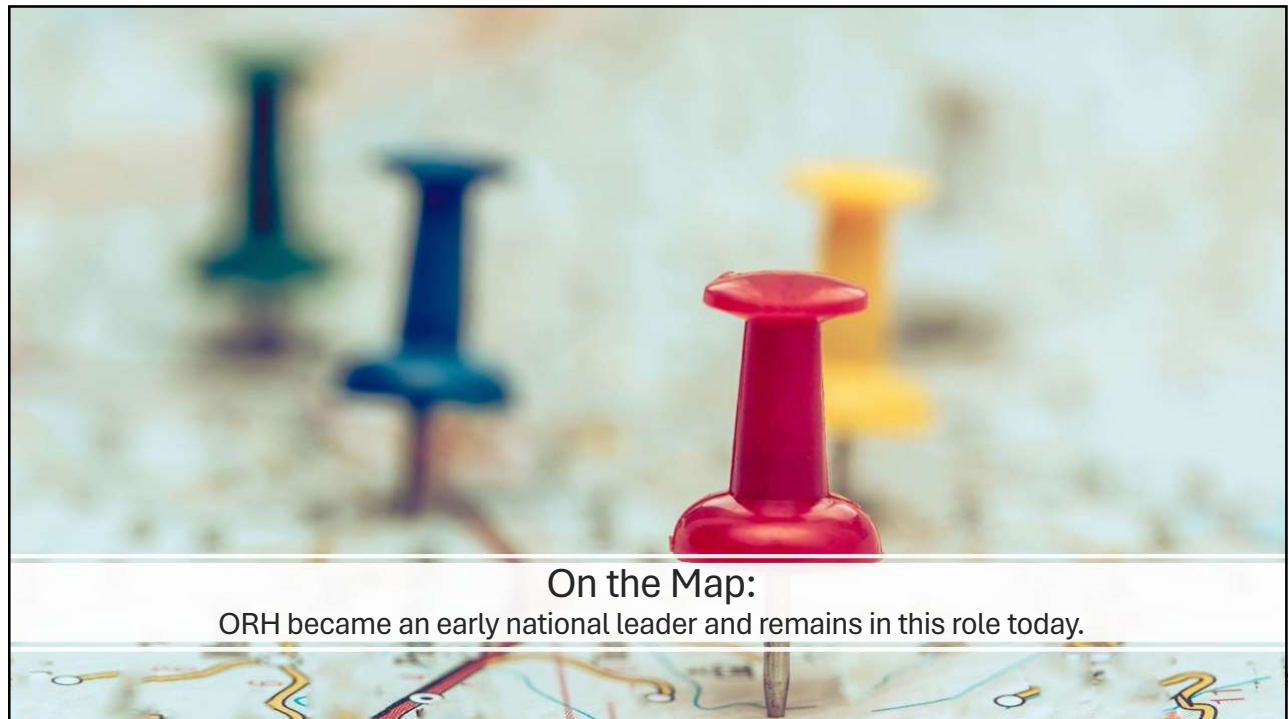
Thank you to the ORH Team!

- Danielle Gray, Executive Director
- Kelly Manns, Quality Assurance Manager
- John Croyle, Training & Education Coordinator
- Sarah Lorei, Certification Review Coordinator
- Susan Davis, Certification Review Coordinator
- Jessica King, Certification Review Coordinator
- Sam Frisone, Certification Review Coordinator
- Beth Pratt, Certification Review Coordinator
- Antony Albert, Certification Review Coordinator



HARD WORK
+
DREAMS
+
DEDICATION
=
SUCCESS.

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On the Map:

ORH became an early national leader and remains in this role today.

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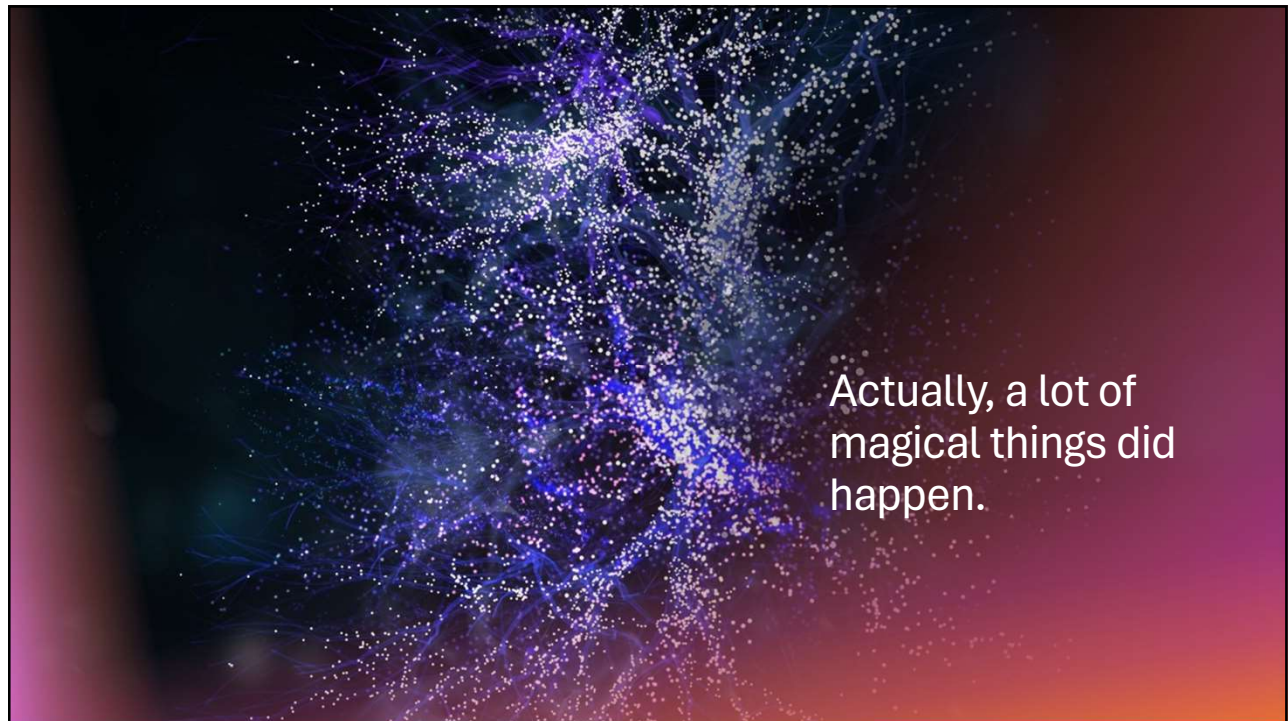
Question: How
did we get here?

Answer: Magic!



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Actually, a lot of
magical things did
happen.

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History of ORH: The early years

Oct. 2012	Aug. 2013	Oct. 2013	Feb 2014
			
<p>SOBER HOUSING AS A RECOVERY SUPPORT</p>	<p>RH IN THE STATE OF OHIO: FINDINGS & RECOMMENDATIONS FROM AN ENVIRONMENTAL SCAN</p>	<p>FIRST STATEWIDE TRAINING ON RH</p>	<p>FORMATION COMMITTEE</p>
<p>Ohio Council, ODMH, and ODADAS host the first dialogue on Sober Housing as a Recovery Support.</p>	<p>Released by the Ohio Council.</p>	<p>Co-hosted by OhioMHAS, Ohio Council, Ohio Alliance of Residential Recovery Services (OARRS) and COHHIO.</p>	<p>Ohio Council invites a group of diverse RH providers to participate in a Formation Committee to pursue the development of an Ohio affiliate of NARR.</p>

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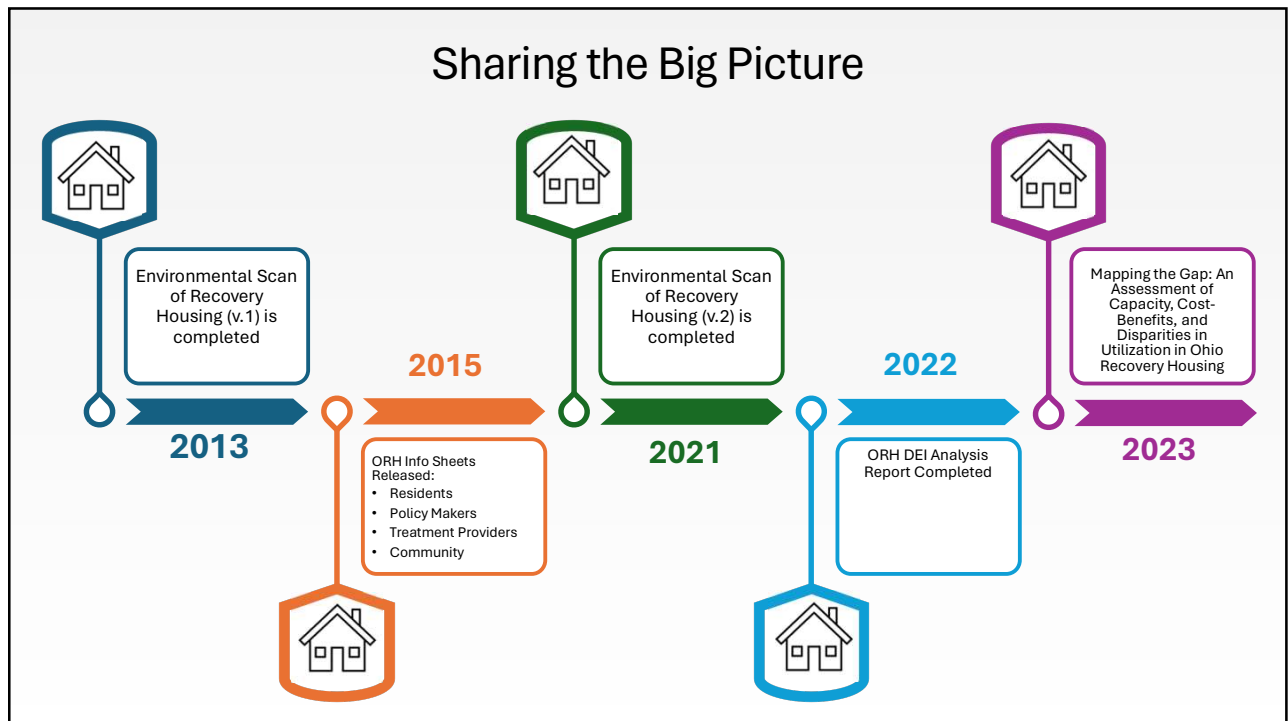
HB 483 and the launch of ORH

- In June **2014**, **HB 483** of the 130th Ohio General Assembly was signed into law by Governor John Kasich on June 17, 2014.
 - This legislation was groundbreaking in that it created a definition for recovery housing, expectations for the operation of quality recovery housing in Ohio, and an allocation for recovery housing.
- In September 2014, OhioMHAS co-hosted Ohio's 2nd RH Conference with COHHIO and The Ohio Council.
 - It was announced that the Ohio Council of Behavioral Health & Family Services Providers was selected to implement the Ohio Recovery Housing Standards and Supports project to cultivate the formation of an Ohio affiliate of NARR.
 - The second day of the conference highlighted the launch of Ohio Recovery Housing. The ORH Advisory Board introduced the quality standards and benefits of being an Associate.

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Living in Recovery Housing

Recovery Housing is for people in recovery from substance use disorders. It provides an alcohol and drug-free living environment, peer support, assistance with getting addiction treatment, and other recovery assistance.

Recovery Housing and Treatment

Addiction treatment and recovery housing are part of the continuum of recovery. Some people living in recovery housing may be participating in addiction treatment or other behavioral health services. Some residents may not be engaged in services because they either completed treatment or may have extensive time in recovery.

This safe and sober living environment is designed to help build a strong foundation in recovery. Residents provide peer support to one another and encourage each other to remain abstinent from alcohol and other drugs and focused on a healthy and purposeful life.

What can I expect in Recovery Housing?

- A positive recovery-focused environment with support for abstinence
- Peer support that involves giving and receiving of practical help
- Connection to community services including addiction treatment
- Life skill development and employment
- Structure and routines designed to support a life in recovery
- A sense of community fostered by the residents in the house

Learn more about Ohio Recovery Housing
www.ohiorecoveryhousing.org

National Alliance for Recovery Residences
www.narrionline.org



A Guide for Potential Recovery Housing Residents

Benefits of Recovery Housing

Recovery Housing is for people in recovery from substance abuse disorders. It provides a living environment free from alcohol and illicit drug use with a focus on peer support and assistance with obtaining other recovery services and supports.

Fundamental to recovery housing is a safe, stable community of **peer support** in which a person in early sobriety is embraced in a **culture of accountability and responsibility** to others in recovery. Each resident determines the extended length of time needed to establish and practice healthy routines and decision making.

Recovery housing emphasizes the **social and interpersonal aspects of recovery**.

Recovery housing is not institutional in nature. Recovery housing creates a **safe home in the community** where people can transition from the culture of addiction to the culture of recovery.

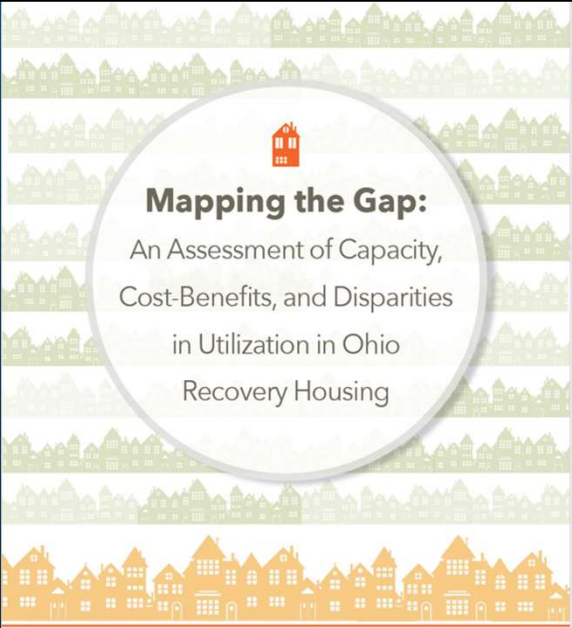
Research shows that residents of recovery housing have an overall improved quality of life, including:

- Decreased substance use
- Decreased incarceration rates
- Increased income
- Increased family and social functioning
- Improved psychological and emotional well-being

Find research on recovery housing on the Resource page of Ohio Recovery Housing's website.

Information for Policy Makers


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Mapping the Gap:

An Assessment of Capacity,
Cost-Benefits, and Disparities
in Utilization in Ohio
Recovery Housing

Commissioned by:



Ohio Recovery Housing

JG Research & Evaluation

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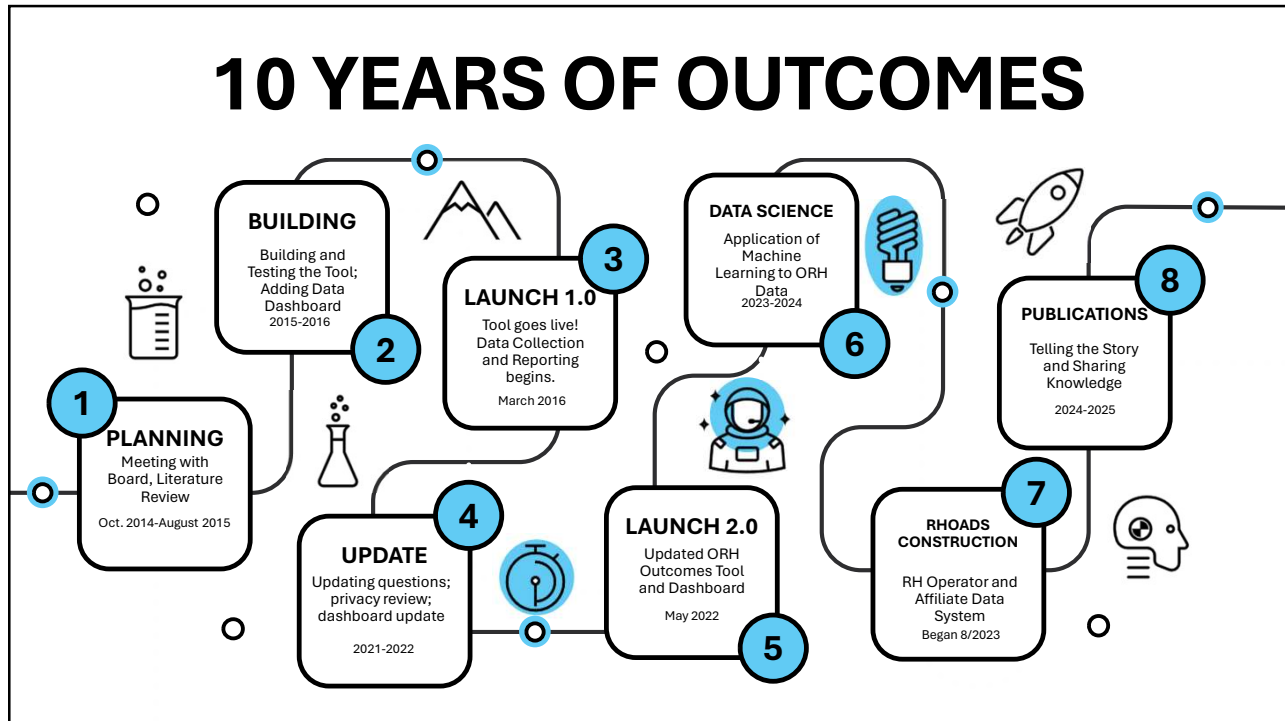


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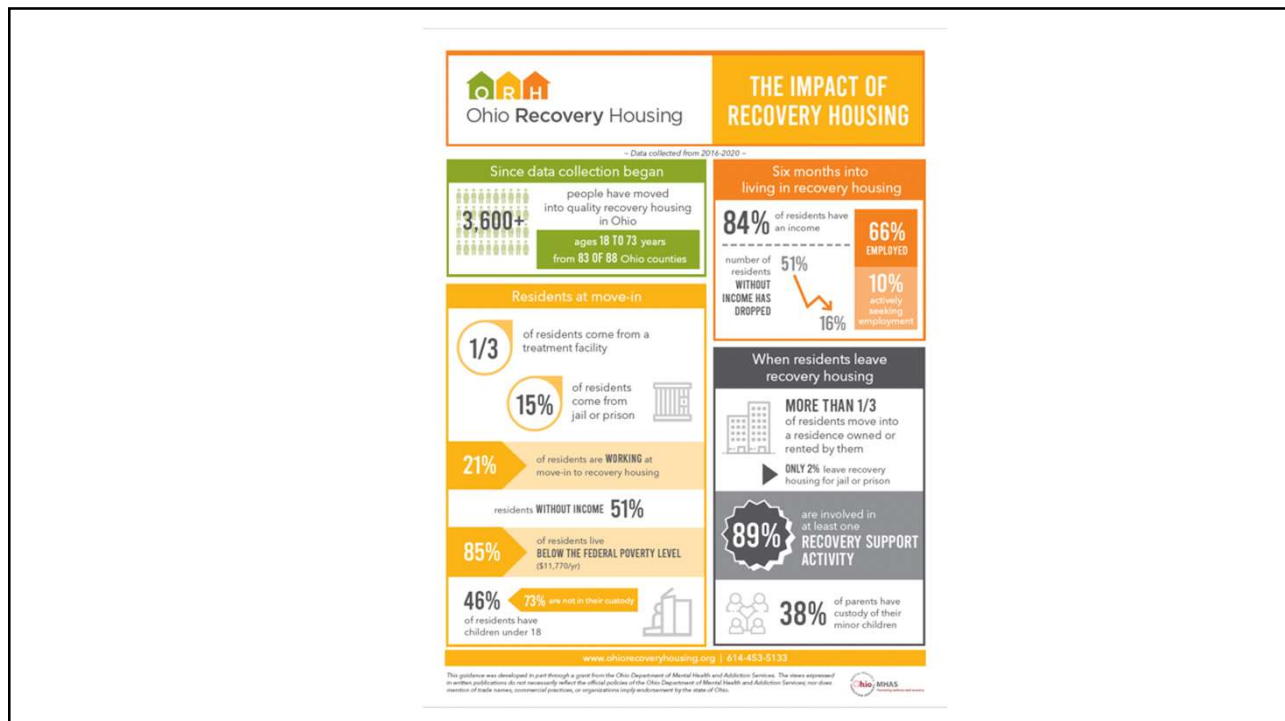
10 Years of Training and Learning

- Introduction to Recovery Housing
- Outcomes Tool Training
- Quality Review Training
- House Manager Training
- ORH Training Video Library:
 - Handling Concerns from Neighbors and Residents
 - Respecting Resident Privacy
 - Developing House Codes of Conduct
 - Understanding Landlord Tenant Law
 - The Social Model of Recovery
 - ...And many, many more!

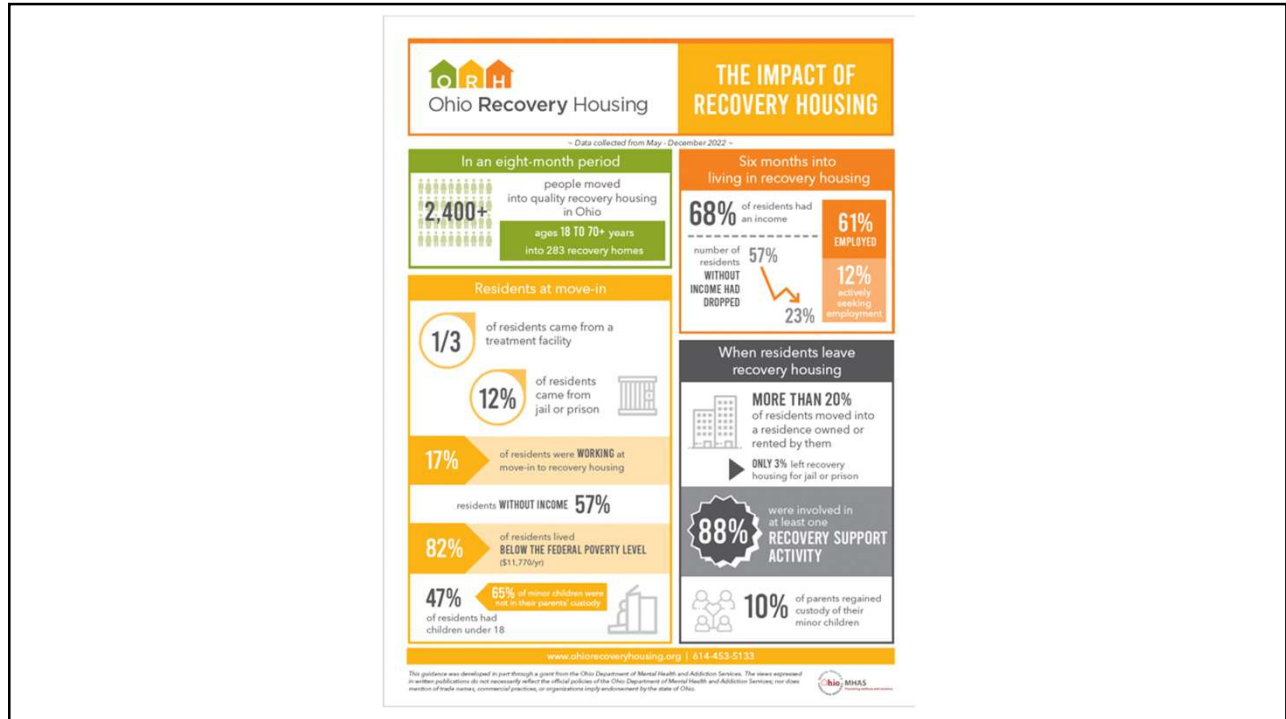
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10 Years of Quality Standards and Quality Recovery Housing

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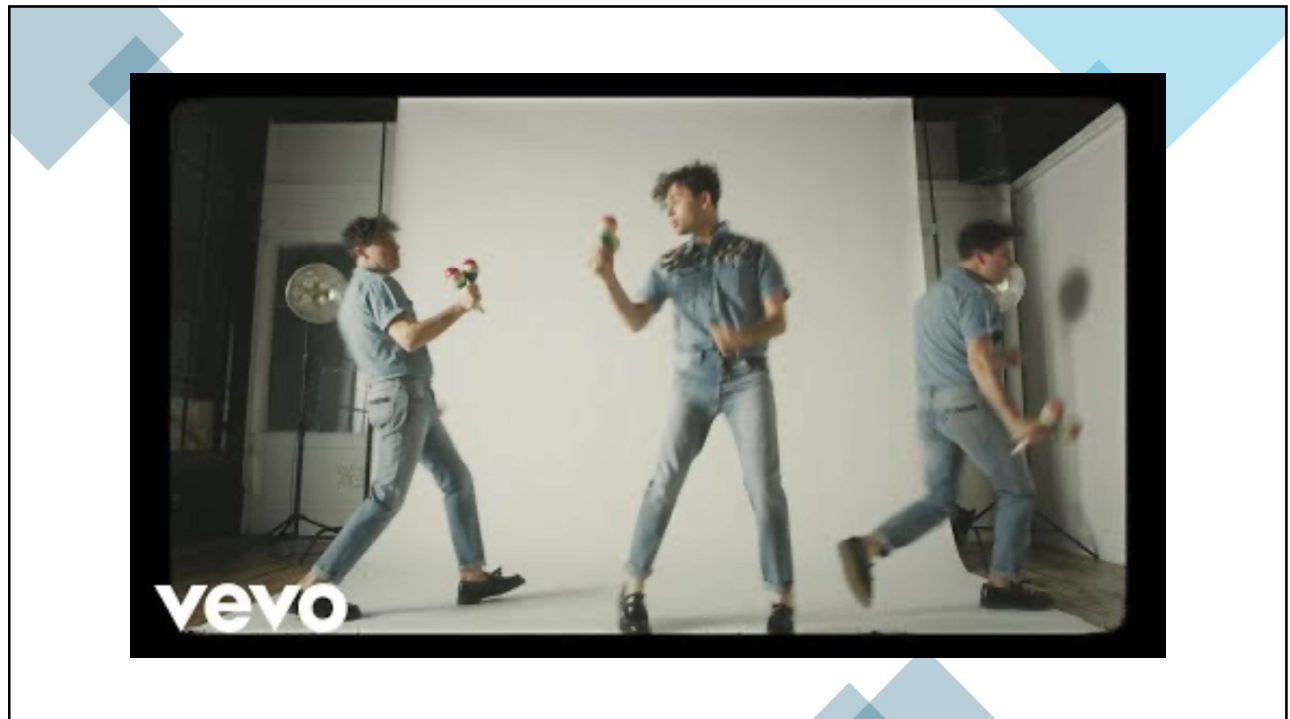
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